



JOSLYN RECREATION CENTER MAY 2023 NEWSLETTER

FACILITIES UPDATES AND IMPROVEMENTS:

We are introducing two NEW and substantial improvements to the Joslyn Center: remotely controlled shades for the Main Hall skylights (to be installed shortly), and two large screen TVs which are already mounted. The shades will look like this:



Now, a short note from Mark Kantor, immediate past president of JRC, on the TVs:
You may have seen the two large TVs mounted in the main hall and conference room. Many thanks to Richard and Shirley Paulson Lee and the Cambria Lions Club for their donation of these TVs. They will be replacing our old LCD projector and are a huge step up in brightness (no more dimming the lights) and will provide multiple state of the art ways to share visuals, audio, text or streaming content.

Brief learning sessions are scheduled for May 4 2023 at noon and May 6 2023 at 11:00a in the main hall for Joslyn Clubs who wish to use these screens. They support Apple Airplay, Chrome Cast, familiar HDMI connections to laptops, and more. Call Karren in the office (805-927-3364) to set up one on one training if you prefer, and I'll work out a time with you. Cheers, Mark Kantor

PICTURED:

There's the conference room TV mounted in the cabinet! Also, a recent Poker Club Tournament, which resulted in a \$320 donation to JRC. Poker Club meets Thursdays at 6:15p – a great way to have an affordable night of Poker-- \$5 and \$25 buy-ins. Manya Brett 805-927-3834 contact



News from the Cambria Community Chorale

The Cambria Community Chorale's Spring Concert "Fascinatin' Rhythms" is just around the corner, and this "Songbook has something for everyone. There is a bit of jazz and swing in the mix. We will be stirring things up with a little rock n roll - a Billy Joel standard, "It's Still Rock and Roll to Me." We will also hear from "A Man of Constant Sorrow," made famous from the movie: O Brother Where Art Thou? Later, we will sing a favorite of many from the early 1960s imported from South Africa, "The Lion Sleeps Tonight." It was first made famous by the Weavers, then by The Tokens. As we travel the globe, we will share a soothing ballad, "Edelweiss," from The Sound of Music. Later we will take a brief venture, "Under the Sea" from Disney's The Little Mermaid. There is plenty more to keep you entertained. These are only some of the selections from this concert's Songbook collection. There is so much more. We will soothe your soul with a few choices of a spiritual nature that are very moving and may bring a joyful tear to your eye.

Concert Dates are May 14th and May 21st at 2:00 pm at the Cambria Presbyterian Church, Cambria, 2250 Yorkshire Drive. Tickets are \$20.00 for adults; students 17 and under are free when accompanied by a paying adult. Students 18 and above are also free with a valid student ID. Tickets are available from the Cambria Chamber of Commerce, the Joslyn Center, from a chorale member, and at the door. When writing a check for your purchase, please make your payment to: Cambria Community Chorale. You can also purchase your tickets online on our website or at My805Tix.com

Cambria Community Chorale Website <https://cambriachorale.org/index.html>

My805Tix: May 14th <https://www.my805tix.com/e/fascinatin-rhythm>

My805Tix: May 21st <https://www.my805tix.com/e/fascinatin-rhythm-2>

Questions: Please contact our Communications Director, Leonard Kohout at publicity@cambriachorale.org or at leonardkohout@icloud.com

Telephone contact is 805.458.9250. We hope to see you there.



The Cambria Chorale in their Christmas Concert Setting

Cambria Community Chorale
Presents
**Fascinatin'
Rhythms**

May 14th - 2:00 pm
May 21st - 2:00 pm

Tickets: \$20.00 for Adults
Students Free*

Community Presbyterian
Church, Cambria
2250 Yorkshire Drive, Cambria

Event Ticketing
Cambria Chamber of Commerce,
Joslyn Center, Chorale Members,
My805Tix, and at our website.



<https://cambriachorale.org/>

* Children 17 and under free. Students 18 or older with Valid Student ID, also free.

CAMBRIA LAWN BOWLS CLUB:

CLBC members and tournament volunteers are pictured relaxing after the Annual Cambria Rinks Tournament held in late March. The tournament was sold out and brought a capacity crowd to

the Bowls Green. This year, our CLBC members have competed throughout California, and Club Members Loren Dion and Charlie Herbert will be competing with Team USA in the World Bowls sanctioned World Championship international 2023 in Australia this Summer. CLBC Club President Jackie Hogan has been selected Team USA manager, and she and husband Boyd will be on the Gold Coast of Australia with the team.

Pictured are Lawn Bowls volunteers (L to R): Jim Hollingshead, Jim Loveless, Donna Argonti, Brian Dedmon, Gene Brugheli, Dave Sassaman, Sal Buongiorno, club president Jackie Hogan and Debbie Sparks.



TABLE TENNIS:

Come join us for some social and recreational play. We have three tables, and usually play two on two doubles games. Beginners are always welcome, and since we have a good supply of paddles and balls, just show up and be ready for some table tennis fun. Club dues are only \$10 per year, Joslyn Membership also required. There is also a \$1 per day donation. We play Tues 11:30-1:00p; Thurs 9-10:30a; Fri 10:30-12:00p; Sun 1:00-4:00p.

Contact: Ali Vassigh 425-679-2429.



Friday Night Ecstatic Dance!

Inner Rhythm is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

Inner Rhythm is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

NOTE: INNER RYTHYM is the May Cleanup Club! Thanks to volunteers

Looking forward to a warm and sunny spring, see you at the Joslyn Center.

2023 JRC president, Dave Stiles